
THE GATHERING



July 2007

THE GATHERING

A Celebration of Tao and Defiant Women Everywhere

July, 2007

The Gathering

Volume Two, Number Two



Last month, Joe and I travelled to California to visit family and friends. And, as we are determined to explore all of our country's national parks, we made sure to include several days at Yosemite National Park .

As we hiked through this magnificent treasure and experienced the wonders of nature "up close and personal" one word reverberated through my head; AWESOME.

It was then that I recognized the real meaning of that word. We use it so lightly, so glibly, that I do believe many of us have forgotten its true significance.

Well, at least I had.

There is much that is awesome which surrounds us every day. I have come away from that trip determined to not take any of it for granted. I'm learning to stop and take in the wonders of our universe and recognize – and

appreciate – that which is truly awesome.

Yes, being at a Keith Urban concert may be exhilarating, and eating a big hot fudge sundae at our favorite local creamery a delight, but not truly awesome. For “awesome” I shall now take the time to really look at stars in the evening sky and the fireflies darting around my garden. Hopefully, I shall pass on to my grandchildren – who describe their newest clothing as awesome – the sensibility to reserve that word for the true delights of our universe: nature, friends and family, the laughter of those grandchildren. And to appreciate the truly “awesome.”



This month's Gathering will also feature:

- The WISDOM OF THE MONTH
- Calling all TAO AND DEFIANT WOMEN
- A listing of my JULY TRAVELS – I would so love to meet you when I'm in your part of the world
- LETS LINK
- A FEW FINAL WORDS

Spread the word – please remember to forward this issue of THE TAOGIRL GATHERING to your friends!

WISDOM OF THE MONTH

*Nothing in life is more exciting and rewarding
Than the sudden flash of insight that leaves you a changed person,
Not only changed, but for the better.*

– Arthur Gordon



CALLING ALL TAO AND DEFIANT WOMAN:

Here's a summer treat for you!

(Bloom's) Summer Career Mini-Camp: Explore Your Passions

If you are thinking of reentering the work world **or** making a career change, **and** want to discover your true life-work, then do something about it! Stop saying, "I really don't know what my passions are," and start prepping this summer to hit the ground running in the fall with a better idea of where you **are** going. We'll explore:

- What are your dreams?
- What gets in the way of reaching for your dreams?
- How to get on the path to discover your passions and life purpose.
- How to boost your self image.
- Resources for your life-work/career development

Includes one free 30 minute follow-up coaching session valued at \$85.00.

When: Saturday, July 7th, 9:00am to 12:30pm

Where: Westport , CT

Cost: \$65.00

To Register: [Click to Register](#) or contact Barb Scala at barb@bloomonline.com or call 203-521-1129

Barbara Scala JD, CTA Certified Coach
Life Transition & Divorce Coach · Mediator · Author
Bloom Services LLC

(203) 521-1129
Bloom OnLine Magazine
Grow from Life Transitions
www.bloomonline.com

www.bloomafterdivorce.com

Sanity Savers: Tips for Women to Live a Balanced Life
Co-authored by Barbara Scala and Today Show's Dr. Dale Atkins



On the road again.....

Here's where I will be in July:

Saturday, July 14

10:30

I will be participating at a very special retreat being hosted by

Ann's Place, the home of I Can

At the Mercy Center , Madison , CT

Tuesday, July 3

11:30

The Sally Jessy Raphael TalkNet Show

I'll be doing my segment "Golden Ponderings"

And we'll be discussing ways to slow down and enjoy the summer.

Friday, July 10

10:30

The Sally Jessy Raphael TalkNet Show

I'll be doing my segment "Golden Ponderings"

And, this time, we'll be talking about "dressing appropriately"

I don't know all the radio stations that carry the show, but you can access it on the internet
at

www.Sallyjr.com

Keep checking the Travels page of this website for current updates.

<http://www.taogirl.com/taotravels.htm>



Spread the word – please remember to forward this issue of THE GATHERING to your friends!

LET'S LINK!

If you know of, or have a website that you think Taogirls would enjoy seeing, let me know and I'll be happy to set up a hyperlink from this newsletter to that site. Conversely, if you would like to do the same from your site to this newsletter, please contact me to do so.

It is in this manner that we can support each other as we all strive to support women everywhere!

Prill Boyle ... Like the women she writes about in her book, *Defying Gravity*, Prill Boyle is a late bloomer. After graduating from college at 38, she became an English teacher. Then in January of 2000 she read an article in *The New York Times* about a 65-year old Kentucky woman named Wini Yunker who had waited 39 years to join the Peace Corps. Inspired by this woman's persistence and courage, Prill decided to write a book about late bloomers. Her book recounts the stories of 12 "ordinary" women who've done extraordinary things later in life. It is a delightful and inspiring book to read and all the more so as Prill connects these first-person accounts together with her own story. Prill is also very active on the speaking and workshop circuit.

CHECK OUT PRILL'S NEW BLOG!!!!!!!!!!!!

Visit Prill at: <http://defyinggravitynow.blogspot.com/>

Barbara Scala... Founder of *Bloom After Divorce*, Barbara is also editor and creator of *Bloom OnLine Magazine* for "Women Who Want to Grow" at www.bloomonline.com and writes her ongoing column *Divorce Ain't So Bad After All*.

Trained as a mediator and collaborative divorce attorney, Barbara draws from her legal background in her life coaching practice to understand your divorced situation and to add insight into creating a life beyond divorce. She also uses her experience as a realtor to help with issues of relocation, downsizing, investing or moving on to a home to call your own.

Barbara's personable style, energy, holistic approach and ability to empathize are what make her a dynamic coach.

Visit Barbara at www.bloomafterdivorce.com and make sure to read Bloom OnLine Magazine www.bloomonline.com

Esteemed Woman Foundation... This amazing and important organization was founded in 2000 by filmmaker **Suzie Galler** who began conducting research about women and self-esteem which led to the making of the highly acclaimed documentary film *I Am Beautiful*. The film then became the cornerstone of an outreach program designed to help women explore and strengthen their self-image. It now includes ongoing workshops, resource materials and an outreach network that provides support nationwide. The foundation's primary focus has been to develop comprehensive programs for women of all ages and backgrounds. The programs teach that self-esteem is not a destination, but a life long journey--one that requires recognition of the sources of self-esteem, and a willingness to address those areas that impede a positive self-image.

Visit the Suzie and the Esteemed Woman Foundation at: <http://esteemedwoman.com>

Connecticut Muse... This seasonally published newsletter is the brain child of **Patricia D'Ascoli**, columnist, essayist and author of *Home Is Where the Humor Is*. The Connecticut Muse is a celebration of contemporary Connecticut authors featured in a quarterly newsletter. Each issue focuses on a different literary genre and includes book reviews, author interviews, a listing of upcoming author appearances and information on new releases. You TaoGirls who do not reside in Connecticut will also enjoy reading the Muse to discover what new books are out there for us all to enjoy.

Visit Patricia and The Connecticut Muse at: <http://connecticutmuse.com/aboutus.html>

Donna Ferber ... is the author of the wonderfully supportive and encouraging book, *From Ex-wife to Exceptional Life: A Woman's Journey through Divorce*. Donna is a licensed professional counselor and licensed alcohol and drug counselor. She is also a psychotherapist and experienced speaker who has drawn on her twenty years of experience counseling women through this difficult process to create a comprehensive guide comprised of 365 one page essays that offer inspiration, insight and information.

Visit Donna at: <http://www.donnaferber.com/index.htm>

Alignment With Life... **Andrea D. Klein**, the guiding light behind this California based coaching service, is a professional life coach who is continuously moving onward and upward by saying "yes" to life and by having fun with the evolving process. "Since I am in the 2nd half of life," says Andrea, "I have a yearning desire to help women embrace the 2nd half of life by exploring new possibilities and passions."

If you're ready to: embrace the 2nd half of life; explore the opportunity of truly having fun; tap into your creative juices; move into possibilities, potential and passions then you will want to "meet" Andrea via her website. And you don't have to live in California – she'll work with you via phone and/or email.

Visit Andrea and Alignment With Life at: <http://www.alignmentwithlife.com/contact.htm>

A FEW FINAL WORDS

As we go into the July 4th holiday, I wish you a happy and safe time. Enjoy the day and remember to recognize those parts of the celebration that are truly "awesome" – not the fireworks or the parades. For, while those are fine and fun and pretty, the truly awesome part is the treasure of family and friends.

CJ

For information, or to share your thoughts and wisdom with us: thepath@taogirl.com

