



## THE TAOGIRL GATHERING

### A Celebration of Taogirls Everywhere

January 1, 2007

The Taogirl Gathering

Issue Number Eight



Welcome , Taogirls

Somehow, while I wasn't looking, an entire year passed by. Is it only me or do you also think that we were just celebrating the beginning of 2006!?! How the heck did the last year fly by so quickly?

Well, here we are - January 1<sup>st</sup> - a day for reflection - of a year past and the new year ahead.

2006 was the year that saw many changes for me; the growth of my speaking and writing career, the birth of this newsletter and the acquisition of my book by a new publisher - Sourcebooks. I've made many new friends during the last twelve months as I've traveled around the country. I've had to learn patience with myself as I tried to walk all 60 miles of the Komen 3-day but had to settle for half that amount. I continue to watch my children grow and succeed in their chosen fields; my grandchildren always amaze me as they get taller and wiser with each passing day. I made my first Ebay purchase, and let us not forget my haircut - which seems to have become a conversation piece!

As for 2007 – well I have no idea what is in store for me. And that's the exciting part of life for all of us. We know what has happened; we can see the past so very clearly. The future remains a mystery. Even with our dreams and aspirations we really have no idea what is waiting for us in the upcoming year.

That's where we call upon all of our Taogirl skills in facing the future with enthusiasm and hope.

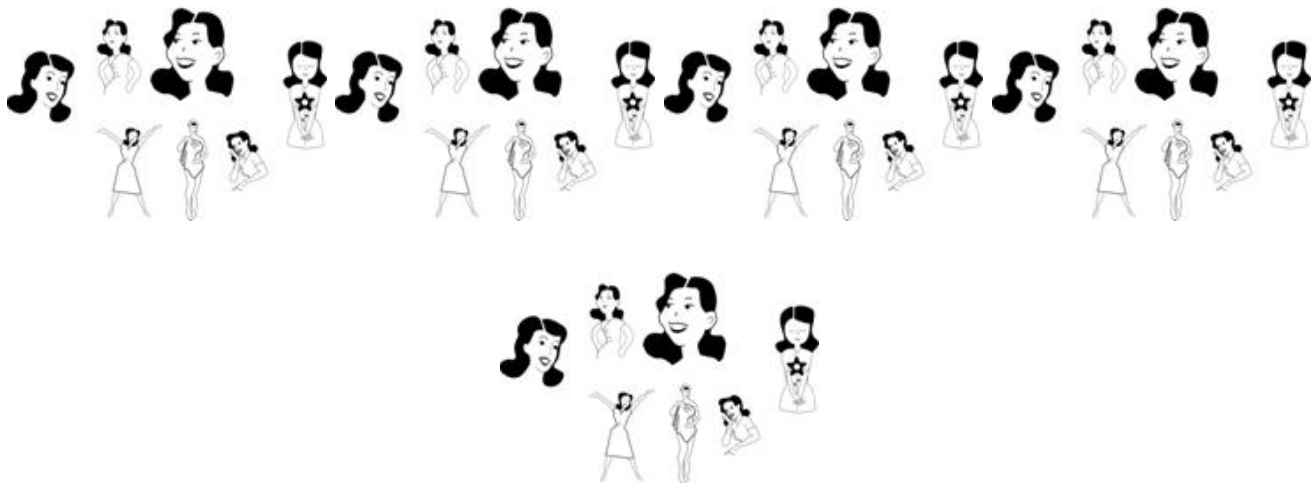
I wish you all a year filled with much good fortune. I also wish you all the ability to use your Tao and defiant skills to take whatever comes your way – the good and the not so good – and no matter what, continue on your path with joy and vitality and the knowledge that life is filled with ups and downs.

May you find much pleasure in the "ups" and may you learn just how strong and resilient you are if you are hit with any "downs."

And may 2007 be a year of continued learning and growth for each and every one of you Taogirls!

Happy and healthy New Year.

☺



**This month's Taogirl Gathering will also feature:**

**✚ The Taogirl Wisdom of the Month**

- ✚ A very exciting (to me) addition to the world of Taogirl
  - ✚ Our question and answer section
  - ✚ A listing of my January travels – I would so love to meet you when I’m in your part of the world
- ✚ The Taogirl Boutique
- ✚ A personal note for Phyllis of Tao Uno
- ✚ “Let’s link”

TAOGIRL WISDOM OF THE MONTH

*Life Is a Journey*

*Travel with Purpose.*

Sent to us by Margie R.

- Thank you, Margie



**AND NOW, DEAR TAOGIRLS, I WOULD LIKE TO SHARE WITH YOU THE NEWEST ADDITION TO THE WORLD OF TAOGIRL.....**

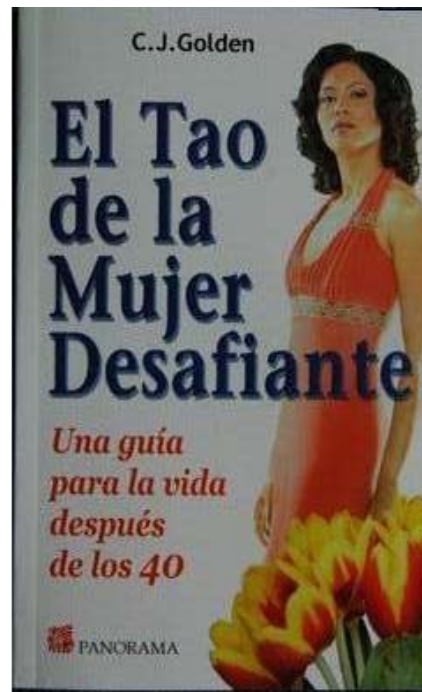
*I'm so proud to announce that the Spanish edition of my book has just been published*

*by*

*Panorama Editorial in Mexico and will be distributed throughout Latin America*

*It will also be available very very soon in The States - so if there's anyone you know who would like a copy,*

*just let me know!*



## It's ? time

I too didn't think language was that important until another feminist convinced me. Men have done the naming forever, and women have been the named. Women (and other groups) have the right to name ourselves, and to change our preferences as time goes on; women, girlz, etc. Blacks, African Americans, people of color, Indians, native Americans, first people; these names are not about being politically correct, these names are about groups naming themselves and changing their names to better reflect their evolving ideas of identity. Respectful people should honor these changes, don't you think? My suggestion that "He who laughs, lasts" should be changed to > "She who laughs, lasts" is meant to be a feminist comment. If we > as women are going to define our lives, we should think in terms > of women laughing and lasting, don't you think? I try to walk the > walk of a feminist which for me includes laying claim to our > language as we define ourselves.  
>How about "She who laughs, lasts." Let's walk the walk.

Regards,  
Susan Pildner

*TAOGIRL'S ANSWER TO C J*

*Keep this issue of the TaoGirl Gathering short and sweet and don't over burden yourself or your*

*reader.*

*TG*



On the road again.....

Here's where I will be in January:

Wednesday, January 10

The "Club" – a private event

Katohan , NY

Thursday, January 11

The Ridgefield Library

(a Taogirl workshop)

Main Street

Ridgefield , CT

7:00 – 8:30

**11, 2**

Wednesday, January 17

The Beardsley and Memorial Library

(a mini Taogirl workshop)

Main Street

Winsted , CT

6:30 – 7:30

Main Street ,

Ridgefiel

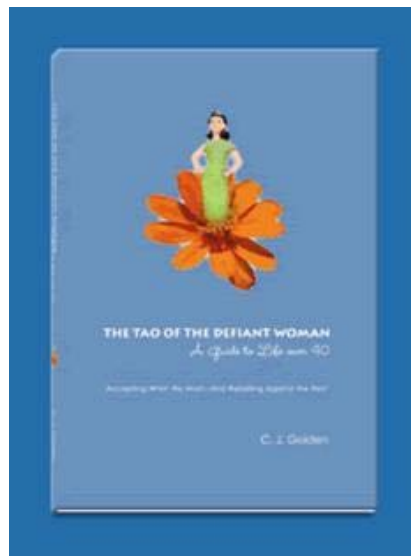
Keep checking the Travels page of the website for current updates.



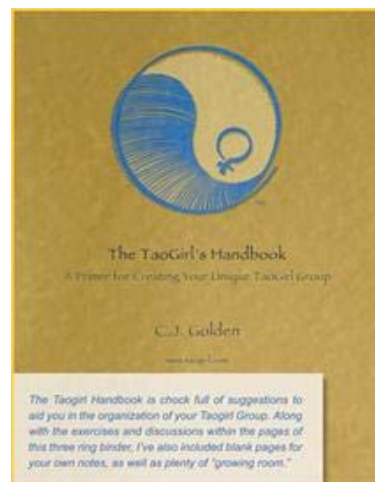
## THE TAOGIRL ON-LINE BOUTIQUE IS OPEN

### THE TAO OF THE DEFLIANT WOMAN

#### A GUIDE TO LIFE OVER 40



### THE TAOGIRL HANDBOOK



The TaoGirl Handbook

is chock full of suggestions to aid you in the organization of your Taogirl Group.

Along with the exercises and discussions within the pages of this three ring binder, I've also included blank pages for your own notes, as well as plenty of "growing room."

## THE OFFICIAL TAOGIRL T-SHIRT



## TAOGIRL GREETING CARDS



## A PERSONAL NOTE TO PHYLLIS OF TAO UNO

YOUR NEXT MEETING WILL TAKE PLACE THE **FIRST** THURSDAY OF THIS MONTH

**LET'S LINK !**

If you know of, or have a website that you think Taogirls would enjoy seeing, let me know and I'll be happy to set up a hyperlink from this newsletter to that site. Conversely, if you would like to do the same from your site to this newsletter, please contact me to do so.

It is in this manner that we can support each other as we all strive to support women everywhere!

**Alignment With Life...Andrea D. Klein**, the guiding light behind this California based coaching service, is a professional life coach who is continuously moving onward and upward by saying "yes" to life and by having fun with the evolving process. "Since I am in the 2nd half of life," says Andrea, "I have a yearning desire to help women embrace the 2nd half of life by exploring new possibilities and passions."

If you're ready to: embrace the 2<sup>nd</sup> half of life; explore the opportunity of truly having fun; tap into your creative juices; move into possibilities, potential and passions then you will want to "meet" Andrea via her website. And you don't have to live in California – she'll work with you via phone and/or email.

Visit Andrea and Alignment With Life at: <http://www.alignmentwithlife.com/contact.htm>

**Esteemed Woman Foundation...**This amazing and important organization was founded in 2000 by filmmaker **Suzie Galler** who began conducting research about women and self-esteem which led to the making of the highly acclaimed documentary film *I Am Beautiful*. The film then became the cornerstone of an outreach program designed to help women explore and strengthen their self-image.. It now includes ongoing workshops, resource materials and an outreach network that provides support nationwide. The foundation's primary focus has been to develop comprehensive programs for women of all ages and backgrounds. The programs teach that self-esteem is not a destination, but a life long journey--one that requires recognition of the sources of self-esteem, and a willingness to address those areas that impede a positive self-image.

Visit the Suzie and the Esteemed Woman Foundation at: <http://esteemedwoman.com>

**Connecticut Muse...**This seasonally published newsletter is the brain child of **Patricia D'Ascoli**, columnist, essayist and author of *Home Is Where the Humor Is*. The Connecticut Muse is a celebration of contemporary Connecticut authors featured in a quarterly newsletter. Each issue focuses on a different literary genre and includes book reviews, author interviews, a listing of upcoming author appearances and information on new releases. You Taogirls who do not reside in Connecticut will also enjoy reading the Muse to discover what new books are out there for us all to enjoy.

Visit Patricia and The Connecticut Muse at: <http://connecticutmuse.com/aboutus.html>

**Donna Ferber ...** is the author of the wonderfully supportive and encouraging book, *From Ex-wife to Exceptional Life: A Woman's Journey through Divorce*. Donna is a licensed professional counselor and licensed alcohol and drug counselor. She is also a psychotherapist and experienced speaker who has drawn on her twenty years of experience counseling women through this difficult

process to create a comprehensive guide comprised of 365 one page essays that offer inspiration, insight and information.

Visit Donna at: <http://www.donnaferber.com/index.htm>

**Prill Boyle ...** Like the women she writes about in her book, *Defying Gravity*, Prill Boyle is a late bloomer. After graduating from college at 38, she became an English teacher. Then in January of 2000 she read an article in *The New York Times* about a 65-year old Kentucky woman named Wini Yunker who had waited 39 years to join the Peace Corps. Inspired by this woman's persistence and courage, Prill decided to write a book about late bloomers. Her book recounts the stories of 12 "ordinary" women who've done extraordinary things later in life. It is a delightful and inspiring book to read and all the more so as Prill connects these first-person accounts together with her own story. Prill is also very active on the speaking and workshop circuit.

Visit Prill at: <http://www.prillboyle.com/index.html>

### **A very few final words:**

This issue of the TaoGirl Gathering finds us at the close of 2006. I sincerely hope this has been a good year for you all – as it has been for me.

I wish you all the joys of the upcoming holiday season, peace, good health and a hearty dose of that Tao and defiant spirit to get you through the hectic days ahead!

My thanks to **Donna** and **Team TaoGirl** for allowing me to feature you this month.

And, as always, a big thank you to all of you out there for being the wonderful, sharing and caring TaoGirls (and Taoguys) that you are.

Please email me and let me share your story with our readers in the January issue of The TaoGirl Gathering.

[thepath@taogirl.com](mailto:thepath@taogirl.com)

CJ

**Spread the word – share this issue of THE TAOGIRL GATHERING with your friends!**

For information, or to share your thoughts and wisdom with us: [thepath@taogirl.com](mailto:thepath@taogirl.com)

