



Tao & Defiant Woman

Accepting what we must, and rebelling against the rest...

The Tao and defiant woman follows five principles of acceptance culled from the ancient philosophy of Taoism,

combines that with a healthy dose of defiance; defying stereotypes, negativity and self-limiting behaviors,

to ease her way through the challenges and transitions she faces every day of her modern life.

The Gathering

A Celebration of Tao and Defiant Women Everywhere

Summer 2008



Dear Tao and defiant women,

In June 2006 I published the very first issue of The Gathering. Two years have flown by and now, with this issue, it is time for I'm updating the format.

From this point on The Gathering will be published quarterly with more terrific content.

You will still be kept informed via email about new events and happenings; my travel schedule, and updated Tao and defiant information.

For this summer issue, I want to share a fun personal story with you all. We live next door to a farm; home to the farmer, farm hand, five cows and a great assortment of smaller animals. Two days ago my husband, Joe, looked out our front window and excitedly exclaimed, "There's a cow on our grass." Well, of course, there was, for we have five small stuffed cow-statues that adorn our property. But that is not what Joe was referring to. There really was a cow on our grass and, while we watched, two others joined her.

It seems that there was a break in the pasture fence and these, our bovine neighbors, decided to come visit us and our fake cows.

I was able to snap some fun photos before the farm hand managed to herd them back to their home. And I would love to share some of these photos with you now for I think you might get a kick out of seeing them.

Talk about Tao and defiant! These cows were going to be where they wanted to be and when they wanted to come visiting, well, by golly, that's just what they did!



Fake on left, real gal on right



Two real cows and one real husband



Which is which?

I wish you a wonderful summer - filled with many fun surprises!

CJ

This month's Gathering features:

- [Summer wisdom](#)
- [Meet Kiwi Publishing](#)
- [A listing of my Summer travels](#) – Please come say hello when I'm in your part of the country.

- [Two very special events](#)
- [A few final words](#)

Spread the word – please remember to forward this issue of THE GATHERING to your friends!



SUMMER WISDOM

“Knowing trees, I understand the meaning of patience.
Knowing grass, I can appreciate persistence.

-- Hal Borland

MEET KIWI PUBLISHING

I've just begun working with Eitan and Stacey Battat of Kiwi Publishing as one of their featured presenters for their speaker's bureau.

Kiwi Publishing is "a unique publishing house devoted to enriching personal and professional growth at home and in the workplace."

Beyond publishing their own original titles, Kiwi represents authors and speakers along with their related products under one umbrella.

This is a company that offers marketing and promotional support for their [authors](#) and [speakers](#) while utilizing a multitude of marketing opportunities to promote, market and distribute their author's books and products in their [online store](#)

In addition, Kiwi's author and speaker [schedules](#) are available and publicized on the web and in print.

Kiwi Publishing was founded by [Eitan & Stacey Battat](#) in 2004. Since its inception, the company has been actively collecting stories for its [Thin Threads Book series](#). And, they invite you to share your own personal triumph by submitting your story in our Thin Threads .

I'm looking forward to working with Eitan and Stacey at Kiwi. Please check out their website and see what fun opportunities they might have for you, as well!

www.kiwipublishing.com

SUMMER TRAVELS

Connecticut

SATURDAY, JUNE 28, 2008 - 10:00am - 3:00pm
NEWTOWN, CT

a workshop for women
(which will be followed by an intergenerational workshop in the fall)

for more information please email [cj at thepath@taogirl.com](mailto:cj@thepath@taogirl.com)

Sticks and Stones Farm <http://sticksandstonesfarm.com/schedule.htm>
201 Huntingtown Road

TUESDAY, JULY 22, 2008 - 12:00pm
SOUTHBURY, CT

lunch and a discussion about living your life with Tao and defiance
(for men and women of all ages)

**for more information please email cj at thepath@taogirl.com
or call Debby Horowitz at 203-267-3177 x 105**

Love and Knishes
Jewish Community Center
444 Main Street North

SUNDAY, JULY 20, 2008 - full day
NEWTOWN, CT

a day for writers to open their creative spirit
(with a follow-up workshop in the fall)

for more information please email cj at thepath@taogirl.com

Sticks and Stones Farm
Huntingtown Road

THURSDAY, NOVEMBER 13, 2008 - 6:30pm - 8:30pm
GREENWICH, CT

a presentation with The Dream Team
for the Greenwich YWCA

New York

SATURDAY, JUNE 7, 2008 - 9:00am - Noon
SARATOGA SPRINGS, NY

In conjunction with WomenEtcetera:
Breakfast with CJ

Caffee Lena

THURSDAY, JULY 31, 2008 - time tba
CHAPPAQUA, NY

In conjunction with Girl Scouts USA
Kindred Sessions
for the professional development personnel of the Uniquely Me Councils

I will present the Keynote speech

FRIDAY, AUGUST 1, 2008 - 9:00am - 11:00am
CHAPPAQUA, NY

In conjunction with Girl Scouts USA
Kindred Sessions
for the professional development personnel of the Uniquely Me Councils

I will present a workshop on "Tao and Defiant"

TWO VERY SPECIAL EVENTS

JUNE 13-15, 2008

*Healing through Connection
4th Annual Women's Retreat*

*Incarnation Center, Ivoryton, Connecticut
June 13-15, 2008*

*Presented by Donna F. Ferber, LPC, LADC
author of "From Ex-Wife to Exceptional Life: A Woman's Journey through Divorce"*

with Margaret Kirschner, Kripalu Yoga and Meditation Instructor.

Please join us for this very special two night retreat. Through connection and introspection, we will draw inspiration from Natasha Bedingfield's words

"The rest is still unwritten."

The Retreat will be held at the Incarnation Center in Ivoryton, CT. We have exclusive use of a lodge, complete with a fireplaced community room, deck and kitchen. Bedrooms are located off the main room. The Retreat will begin officially on Saturday morning at 7:30 AM, but you can arrive on Friday night between 6-9 PM for informal connection and relaxation. The retreat will end on Sunday morning at 10 AM.

Incarnation Retreat Center is set in a lovely wooded area of Ivoryton. The facility offers many wonderful areas for self reflection and relaxation including ponds, lakes, hiking trails and an animal farm.

The cost per person-double occupancy is \$285.00. This includes all facilities, activities and four meals. For a single room add \$75.00. (These are limited) There are ample community bathrooms. There is also a "commuter option". The charge is \$175.00 and includes four meals.

www.donnaferber.com

SUNDAY, JUNE 28

~ CJ GOLDEN presents: DEFIANTLY TAO ~
Living our Lives with Joy, Vitality and Acceptance

STICKS AND STONES FARM
201 Huntingtown Road, Newtown, CT

Sunday, June 28th ~ 10:00 am – 3:00 pm

CJ shares her own unique philosophy for a vital and joyful life, one which combines the principles of Taoism (the ancient Chinese philosophy of acceptance) with a healthy dose of defiance (defying stereotypes, negativity and self defeating behaviors). This thought provoking and enjoyable workshop is open to everyone who is ready for a new and upbeat way to get through the transitions and challenges of life.

You will spend the day with CJ, enjoy a healthy and luscious lunch and receive a signed copy of CJ's book TAO OF THE DEFIANT WOMAN

\$65 Registration is requested by June 14th, space is limited.
So don't hesitate! Defy whatever your inhibition may be and sign up now!

For more info contact CJ at: 203-364-0342 or thepath@taogirl.com

Please send your workshop fee to:

CJ Golden P.O. Box 59 Newtown CT 06470

CJ Golden, author of TAO OF THE DEFIANT WOMAN, travels the country from coast-to-coast inspiring her audiences to seek and indeed find, an easier path through life. A freelance columnist, author and motivational speaker, CJ speaks to women of all ages about her unique take on an ancient philosophy. She is a regular contributor to the Sally Jessy Raphael TalkNet Show and a featured writer and voice of WOMENetcetera.com.

A FEW FINAL WORDS

My summer began with a bang - the great surprise of cows in my garden. Now I'm looking forward to many more surprises (though perhaps not as huge) and gifts from the season.

I wish you all a beautiful summer filled with sunshine with time for fun and relaxation.

See you in the fall!

CJ

Keep in touch over the summer - send me an email at:
thepath@taogirl.com